

PD DR. SIMONE DOHLE
Short CV

University of Cologne
Applied Social Psychology and Decision Science
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Research Interests

Health behavior, Self-regulation, Implicit theories, Determinants of physical activity and eating behavior, Risk perception and communication, Ecological momentary assessment

Education

2018 Habilitation, Psychology, *University of Cologne, Germany*
2010 PhD (summa cum laude), Psychology, *University of Zürich, Switzerland*
2007 Diploma (equivalent to M.Sc.), Psychology, *University of Würzburg, Germany*
2003 Prediploma (equivalent to B.Sc.), Psychology, *University of Würzburg, Germany*

Academic Positions

03/2014 – present Assistant Professor (Akademische Rätin)
Department of Psychology, *University of Cologne, Germany*
04/2013 – 02/2014 Senior Assistant and Lecturer
Department of Health Sciences and Technology, *ETH Zürich, Switzerland*
04/2010 – 03/2013 Postdoc Researcher and Lecturer
Department of Health Sciences and Technology, *ETH Zürich, Switzerland*
04/2007 – 03/2010 Research Assistant and PhD Student
Department of Health Sciences and Technology, *ETH Zürich, Switzerland*
01/2002 – 03/2007 Student Research Assistant
Institute of Psychology, *University of Würzburg, Germany*

Grants and Fellowships (Selection)

06/2020 – 06/2023 Research Grant (PI; EUR 240'690): "The impact of implicit theories on blame and helping behavior: A dual-pathway model" funded by the German Research Foundation (DFG)
05/2017 – 04/2020 UoC Advanced Postdoc Grant (PI; EUR 164'886): "The Impact of Implicit Theories on Health Behavior" funded by the University of Cologne
01/2018 – 12/2019 Research Exchange Grant (PI; EUR 23'624): "Using Eye Tracking and Augmented Reality Technology to Increase Health Literacy" funded by the German Academic Exchange Service (DAAD)
07/2015 – 12/2015 Independent Start-up Grant (PI; EUR 7'349): "Self-regulation in Health: A Mental Accounting Process?" funded by the Excellence Center for Social and Economic Behavior (C-SEB) at the University of Cologne

- 03/2014 – 02/2015 Research Grant (Co-PI; CHF 85'500): "Validation of the Global Physical Activity Questionnaire (GPAQ) in Switzerland" funded by the Swiss Federal Office of Public Health
- 10/2013 – 09/2016 Research Grant (Co-PI; CHF 355'932): "How Nutrition Knowledge and the Social and Food Environment Influence People's Food Choices" funded by the Swiss National Science Foundation (SNF)
- 01/2013 – 12/2013 Research Grant (PI; CHF 8'578): "Communication of synergistic health effects" funded by the Suzanne and Hans Bäsch Foundation
- 09/2005 – 02/2006 Sokrates/Erasmus Fellowship, Universidad Autónoma Madrid, Spain

Academic Service (Selection)

Editorial Services

Associate Editor: Nutrition Journal (2017-2019)

Editorial Board: Frontiers Eating Behavior (2019 -)

Editorial Board: Journal of Behavioral Nutrition and Physical Activity (2015 -)

Ad-hoc Reviewer for more than 35 journals, including

American Journal of Clinical Nutrition, Appetite, Applied Psychology: Health and Well-Being, British Journal of Health Psychology, British Journal of Social Psychology, Food Quality and Preference, International Journal of Behavioral Nutrition and Physical Activity, Journal of Behavioral Medicine, Journal of Experimental Social Psychology, Journal of Health Communication, Journal of Health Psychology, Health Psychology, Health Psychology and Behavioral Medicine, Health Psychology Review, Human and Ecological Risk Assessment, International Journal of Obesity, Obesity Reviews, Perspectives on Psychological Science, PLOS ONE, Psychological Science, Psychology & Health, Public Health Nutrition, Risk Analysis, Social Psychology, Social Science & Medicine

Reviewer for Grant Agencies and Committees

National Science Centre (NSE), Poland; Netherlands Organisation for Health Research and Development (ZONMW); Ethics committee of the Faculty of Human Sciences at the University of Cologne

Professional Affiliations

German Psychological Society (DGPs), European Health Psychology Society (EHPS), Cologne Center for Ethics, Rights, Economics, and Social Sciences of Health (CERES)

Publications (Selection)

h-index = 19; i10-index = 25; total citations = 1227 (Source: Google Scholar, March 2020)

Landy, J. F., Jia, M., Ding, I. L., Viganola, D., Tierney, W., ... Dohle, S., ... Uhlmann, E. L. (in press). Crowdsourcing hypothesis tests: Making transparent how design choices shape research results. *Psychological Bulletin*.

Schreiber, M., Bucher, T., Collins, C., Dohle, S. (in press). The Multiple Food Test: Development and validation of a new tool to measure food choices and applied nutrition knowledge. *Appetite*.

Dohle, S., & Hofmann, W. (2019). Consistency and balancing in everyday health behavior: An Ecological Momentary Assessment approach. *Applied Psychology: Health and Well-Being*, 11(1), 148–169. doi:10.1111/aphw.12148

- Prinsen, S., Dohle, S., Evers, C., de Ridder, D.T.D., & Hofmann, W. (2019). Introducing functional and dysfunctional self-licensing: Associations with indices of (un)successful dietary regulation. *Journal of Personality*, *87*, 934–947. doi: 10.1111/jopy.12445
- Dohle, S., Diel, K., & Hofmann, W. (2018). Executive functions and the self-regulation of eating behavior: A review. *Appetite*, *124*, 4-9. doi: 10.1016/j.appet.2017.05.041
- Dohle, S., & Hofmann, W. (2018). Assessing self-control: The use and usefulness of the Experience Sampling Method. In D. De Ridder, M. Adriaanse, & K. Fujita (Eds.), *Handbook of Self-Control in Health and Wellbeing* (pp. 100-111). New York, NY: Routledge.
- Dohle, S., & Dawson, I. G. J. (2017). Putting knowledge into practice: Does information on adverse drug interactions influence people's dosing behavior? *British Journal of Health Psychology*, *22*(2), 330-344. doi: 10.1111/bjhp.12231
- Dohle, S., & Hofmann, W. (2017). Toward a mechanistic understanding of the impact of food insecurity on obesity. *Behavioral and Brain Sciences*, *40*, 23-24. doi: 10.1017/S0140525X16001412
- Dohle, S., & Montoya, A. K. (2017). The dark side of fluency: Fluent names increase drug dosing. *Journal of Experimental Psychology: Applied*, *23*(3), 231-239. doi:10.1037/xap0000131
- Dawson, I. G. J., & Dohle, S. (2016). Towards an understanding of adult judgments of synergistic health benefits. *British Journal of Health Psychology*, *21*(1), 204-223. doi: 10.1111/bjhp.12158
- Dohle, S., Rall, S., & Siegrist, M. (2016). Does self-prepared food taste better? Effects of food preparation on liking. *Health Psychology*, *35*(5), 500-508. doi:10.1037/hea000031
- Hartmann, C., Dohle, S., & Siegrist, M. (2015). A self-determination theory approach to adults' healthy body weight motivation: A longitudinal study focusing on food choices and recreational physical activity. *Psychology & Health*, *30*(8), 924-948. doi: 10.1080/08870446.2015.1006223
- Dohle, S., Hartmann, C., & Keller, C. (2014). Physical activity as a moderator of the association between emotional eating and BMI: Evidence from the Swiss Food Panel. *Psychology & Health*, *29*(9), 1062-1080. doi: 10.1080/08870446.2014.909042
- Dohle, S., Rall, S., & Siegrist, M. (2014). I cooked it myself: Preparing food increases liking and consumption. *Food Quality and Preference*, *33*, 14-16. doi: 10.1016/j.foodqual.2013.11.001
- Dohle, S., & Siegrist, M. (2014). Fluency of pharmaceutical drug names predicts perceived hazardousness, assumed side effects, and willingness to buy. *Journal of Health Psychology*, *19*(10), 1241-1249.
- Hartmann, C., Dohle, S., & Siegrist, M. (2014). Time for change? Food choices in the transition to cohabitation and parenthood. *Public Health Nutrition*, *17*(12), 2730–2739. doi: 10.1177/1359105313488974
- Hartmann, C., Dohle, S., & Siegrist, M. (2013). Importance of cooking skills for balanced food choices. *Appetite*, *65*, 125–131. doi: 10.1016/j.appet.2013.01.016
- Vischers, V. H. M., Hartmann, C., Leins-Hess, R., Dohle, S., & Siegrist, M. (2013). A consumer segmentation of nutrition information use and its relation to food consumption behaviour. *Food Policy*, *42*, 71-80. doi: 10.1016/j.foodpol.2013.07.003